

**IT IS VERY IMPORTANT FOR PATIENTS TO COMPLETE THIS SECTION
EVERY TIME YOU SEND IN A BLOOD SUGAR LOG REPORT**

WHAT IS YOUR USUAL INSULIN REGIMEN		DO YOU USE A SLIDING SCALE? (Correction factor)	DO YOU TAKE PILLS FOR YOUR DIABETES	
Insulin Name & Dose	When	Name of Insulin Used:	Name & Dose	How and when do you take it
	Morning	Sliding scale formula for blood sugars greater than _____ take blood sugar minus 100 divided by _____ = insulin units		
	Evening			
	Meals			
IF YOU USE AN INSULIN PUMP WHAT ARE YOUR PUMP SETTINGS				
TIME				
BASAL RATE				

Apidra= A Lantus= L Levemir= LV Humalog= H Novolog=N NPH= NP Humulin= HL Novolin= NL
Humalog 70/30= H7 Humulin 70/30= HL7 Novolog 70/30= N7 Novolin 70/30= NL7

BLOOD SUGAR READINGS AND INSULIN DOSES																
DATE	BREAKFAST				LUNCH				DINNER				BEDTIME		2 AM	
	Pre Meal	Dose	Post Meal	Dose	Pre Meal	Dose	Post Meal	Dose	Pre Meal	Dose	Post Meal	Dose	BS	Dose	BS	Dose
		Dose		SSI		Dose		SSI		Dose		SSI		Dose		SSI